Hand and Finger Last Minute Safety Check

- **CHECK:** where are your hands going to be during the task?
- **CHECK:** Are your hands exposed to any pinch points?
- **CHECK:** Are your hands exposed to any objects that can strike against your hands?
- **CHECK:** Are your hands exposed to any objects that your hands can strike against?
- **CHECK:** Are your hands exposed to any heat sources?
- **CHECK:** Are your hands exposed to any chemicals?
- **CHECK:** Are your hands exposed to any sharp objects that can cause cuts or punctures?
- **CHECK:** Are your hands at risk from sprains or strains due to excessive force?
- **CHECK:** Be aware of the position of your hands and fingers. If you can’t see where you’re putting them stop the job and reassess.
- **CHECK:** do you have the correct gloves for the task and hazards?
- **CHECK:** Take time to think about where you are putting your hands. Look before moving or placing your hands.